



CHRIST IS FOR US

Mar 9, 2025

**First Sunday
of Lent**

11 AM

Worship Booklet



Our Mission

*We exist to reach,
nourish, and serve the
community so all may
experience healing and
new life through
Jesus Christ.*

ORDER OF WORSHIP

Gathering Music		Praise Band
Welcome & Announcements		Rev. Matt Sergent Deb Crawford
* Worship Through Song	<i>"Build My Life" "It is Well (Through it All)"</i>	Praise Band
Children's Message		Kristi Swanson
* Song of Preparation	<i>"God of All My Days"</i>	Praise Band
Scripture Reading	Luke 4:1-13 (NRSV)	Rich Banner
Message	"In the Wilderness of Life"	Rev. Matt Sergent
Prayer Time		
Confession, Pardon & Peace		
Holy Lord, as we enter this Lenten season, we are reminded of our weakness and our need for your strength. We ask your forgiveness when we succumb to the temptations of this world, when we tread paths that are contrary to your will. We ask your forgiveness when we fail to look beyond our own desires to see another's need. We ask for your presence in our wilderness wanderings. May your hand guide us from the arid land of sin into a land flowing with milk and honey—a land made rich and abundant by your saving love. Amen.		
Pastor: No one who believes in Jesus will be put to shame. And everyone who calls on the name of the Lord shall be saved. Rejoice and celebrate, for forgiveness is ours through the confession of faith in Christ.		
The Great Thanksgiving		
Offering Invitation		
<i>Please place your Connect Card along with your tithes and offerings in the brass offering plates by the aisle at the front of the Sanctuary as you come forward for Communion. (or feel free to give electronically or via text).</i>		
Sharing the Bread & Cup	<i>"Communion"</i>	Praise Band
* Closing Song	<i>"Who You Say I Am"</i>	Praise Band
* Blessing		Rev. Matt Sergent
*Sending Music		Praise Band

* ***Please stand as you are able.***

WELCOME!

We are glad you are here! May you experience God's blessing upon you. If this is your first time visiting, please visit the Welcome Desk on your way out for a gift bag with a homemade loaf of bread and more complete church information. We invite you to take a look at this week's announcements and feel free to participate in any activities that interest you. If you would like to take part in any activities, please indicate it on the Connect Card and place it in the offering plate, or if you're joining us virtually, please complete the online registration on our website, StThomasUMC.org/livestream.

Check out our website for more information about:

- | | |
|--------------|------------------------------|
| Children | Choirs & Music Groups |
| Youth | Sunbeam Children's Center |
| Small Groups | Local Missions & Food Pantry |
| | TND - Kitchen Ministry |

Hearing Impaired

Devices are available with earphones connected to our sound system to help amplify the service. Please see an usher if you would like to use one.

Prayer Ministry

You may submit prayer concerns and praises by completing the Connect Card and placing it in the offering plate or online at StThomasUMC.org/prayer.

Altar Flowers Dedication

If you would like to dedicate, please visit our website and click Resources.

Today's flowers are given to the Glory of God!



For our Frank. We are blessed to have known his love, his friendship, and his cooking. Thank you for showing us what it means to be a faithful servant.

CONNECT CARD

I would like to learn more about:

- Children's Ministry
- Youth Ministry
- Adult Ministry
- Older Adult Ministry
- Music Ministries
- Food Pantry Ministry
- Short Term Mission Opportunities
- Sunbeam Children's Center
- Hospitality & Kitchen Ministries
- Congregational Care Ministry
- Community Outreach & Events
- Communication Ministry
- Media / Technology Ministry
- Usher & Welcome Team

I am Interested In:

- Learning more about Baptism
- Learning more about STUMC
- Becoming a member of STUMC

I would like to:

- Receive or Unsubscribe

to The following:

- Prayer Chain Special Events E-Blasts
 Newsletter

I have the following prayer request:

I would like this request to be:

- Private Placed on Prayer Chain

I would like the Pastor to call or visit me.

Sunday, Mar 9, 2025

CONNECT CARD

Welcome to St Thomas UMC!

Name: _____

Child(ren): _____

Address: _____

Phone: _____

Email: _____

Check if any contact info has changed.

Worship Service Attended

9:00 AM 11:00 AM
 1st Time Guest Regular Guest
 Out of Town Visitor Member(s)

I would like to:

Receive Offering Envelopes
 Help with Children's Church

Signups:

I'll be at the next OWLS Outing
 I'd like to volunteer at the Food Pantry

TUESDAY NIGHT DINNER



Cranberry Turkey Braid
Salad
Vegetable Medley
Dessert: Strawberry Shortcake
Kids: Chicken Nuggets
Cookie of the Month: Oatmeal Raisin

MAR 11 MENU

START Team Spring Trip Planning Meeting



Tues, Mar 18 | 7 pm | Room 300/302
Contact Cliff Farrar for more info at
fcliff@hotmail.com



OWLS OUTING

LONG TIME NO SEA
IN MANASSAS
FRI, MAR 28 | 1 PM



ANNOUNCEMENTS

It's Time for Easter Flowers: Today is the last day to place your order in the Fellowship Hall or online on our website. Easter lilies, tulips, daffodils, hydrangeas, and geraniums are available. The plants can be taken home on Easter Sunday following services.

2025 Lenten Devotionals Now Available:

Copies of this year's Lenten Devotional are available at the Welcome Desk. You're invited to pick yours up after worship, during Tuesday Night Dinner or during Ash Wednesday.

Tuesday Night Dinner: Dine-In is 5-5:45 pm, Curbside pickup is 5:30-6 pm. Cost is \$7 per person, (\$25/ family of 4, \$5/additional family member above 4) Cookies are \$10/dz. Kid's meals are \$4 per person. Kid's entrées as adult meals are \$7 per person. This week is Men's Group annual Pancake Dinner for Shrove Tuesday. Please sign up by visiting the church website or by calling the church office and leaving a message by noon Monday.

This Week's Menu:

- Cranberry Turkey Braid
- Salad | Vegetable Medley
- Dessert: Strawberry Shortcake
- Kids: Chicken Nuggets

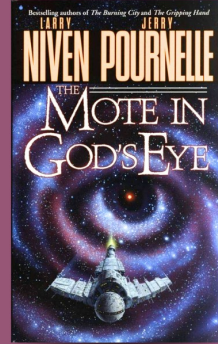
- Cookie of the Month: Oatmeal Raisin

LADIES BOOK CLUB

Fri, Mar 14 | 10:30 am
Room 306

The Mote in God's Eye
By Larry Niven &
Jerry Pournelle

All ladies are welcome to attend, even if you haven't read the book!



Ladies Book Club: Join us for our next gathering on **Fri, Mar 14 at 10:30 am** in room 306 where we'll discuss "*The Mote in God's Eye*" by Larry Niven and Jerry Pournelle. This classic science fiction novel tells what happens when an alien spacecraft makes its way to Earth and Earth responds by sending an envoy spaceship in return. The aliens have a similar culture and are very human-like—or are they? All ladies are welcome even if you haven't read the book yet.

START Team Spring Mission Trip Updates: The START team will go to North Carolina two times this spring. We will make one trip to New Bern, NC from April 27 – May 3 and another trip to Western NC from May 18—24. In order to continue our planning for these trips, we will have a meeting on Tue, Mar 18 at 7 pm in room 300/302. It will also be a zoom meeting as well. If you have any interest in helping with these mission trips, you are invited to attend.

Additionally, we will host a Tuesday Night

ANNOUNCEMENTS

Dinner as a fund raising event. Please plan on having dinner with us that night.

Any questions about this should be directed to Cliff Farrar at 703-881-8718. We look forward to seeing you at both of these events.

March OWLS Outing: Our next OLWS (Older, Wiser, Livelier, Seniors) outing will be on **Fri, Mar 28 at 1 pm** at Long Time No Sea (10352 Festival Ln. in Manassas). Please RSVP on your Connect Card or to Marian Ludlow or Lynn Furlong by Tue, Mar 25. OWLS is open to everyone age 55+.

Parents Night Out: Join us for parents night out on **Sat, Apr 5 from 5-8 pm!** Kids 6 months to 5th grade will have lots of fun and enjoy dinner with our background checked and experienced volunteers while parents get a few hours to themselves! Kids with allergies and picky eaters are welcome to bring their own food. Please bring a spill proof water bottle labeled with the child's name. Signup on the Events page of the website.

Summer Camp Registration Now Open! Registration is now open for our 2025 Summer Camps! For more information visit our website at stthomasumc.org/2025summercamps to register your camper today!

Save the Date: Vacation Bible School is Jun 23-27. Join us in a fun-filled adventure on the open road, taking all the kids (Travelers) on thrilling journeys to exciting destinations. Led by

the Navigator and an adventurous pup Scout, kids will learn that God is always with them. Get ready for twists, turns, and excitement as they face new challenges and find strength in God's presence on this unforgettable trip! More details to come soon, but for now mark your calendars!

Volunteer Opportunities at the Food Pantry: The Food Pantry has a variety of ways you can serve! If you would like more information on volunteer lead positions and a new Senior initiative, contact our Food Pantry Director, Gary Gilham, at gary.gilham@stthomasumc.org. Donations of non-vegetable cooking oil (30-40 oz), baby wipes, breakfast bars, and cat food are needed at this time.

CHURCH CALENDAR

Mon, Mar 10—Sun, Mar 16

Activities marked with an (*) occur in Hybrid Format. If you do not have the access code for ZOOM, please call the church office.

Mon, Mar 10

7:00 PM UWF Executive Mtg *

Tues, Mar 11

8:30 AM Arise & Pray Group
1:00 PM Dorcas Circle
5:00 PM Pancake Tuesday
5:00 PM Tuesday Night Dinner | Dine-In
5:30 PM Tuesday Night Dinner | Curbside
6:30 PM Chancel Choir Rehearsal
7:40 PM Handbell Choir Rehearsal
8:30 PM AA Meeting

Wed, Mar 12

10:00 AM Quilts for Kids

Thu, Mar 13

7:00 PM SPRC *

Fri, Mar 14

10:30 AM Ladies Book Club

Sat, Mar 15 **Newsletter Deadline**

8:00 AM Men's Group *
9:00 AM Food Pantry | Clothing Closet

Sun, Mar 16

8:15 AM Coffee Hour
9:00 AM Traditional Worship Service
9:30 AM Adult Sunday School
10:00 AM Adult Sunday School
10:00 AM King's Kids Sunday School
11:00 AM Contemporary Worship Service
11:15 AM Children's Church
12:00 PM Confirmation Class

PRAYER CHAIN

We invite you to pray for those in our church family who requested prayer for illness or other needs. If you would like to be added to our Prayer Chain, please indicate so on your Facebook registration.

Perry Bailey
Martha & Jeff Barlow
Robin Combs Beglau
Sue Booher's daughter
Bill Buchanan
Dahl Curry II
Meredyth Farrar
Pam Ferguson
Joyce Hale
Marghee Hammond
Ometz Family
Aaron Priest
Family & friends of Frank Priest
John Watkins
Bernadine White & Family

Nursing Home Residents

Liz Fontaine | Regency Care
1785 S. Hayes Street, Arlington, VA 22202

Livestream Worship

To listen to or download today's worship service or previous worship services, visit StThomasUMC.org/resources/livestream-worship.html or on the church's Facebook page or on YouTube (search St Thomas UMC Manassas).

ADULT SUNDAY SCHOOL

Join us for Adult Sunday School

- **9:30 am | Meeting Jesus at the Table**
Led by Paula Renfro
- **10 am | Meeting Jesus at the Table**
Led by Earl Amstutz & Pat Dodson



ST. THOMAS
UNITED METHODIST CHURCH

8899 Sudley Road, Manassas, VA 20110
703-368-5161

StThomasUMC.org



Office Hours: Mon-Fri 9 am-5 pm

Samantha Bouquet, Administrative Director
samantha.bouquet@stthomasumc.org

PASTORAL STAFF

Rev. Matt Sergent, Pastor
matt.sergent@stthomasumc.org
703-368-5161 x 102

For a complete staff directory and contact information, please visit our website.



THE PACK
ST. THOMAS UNITED METHODIST CHURCH

PACK YOUTH GROUP & SUNDAY SCHOOL

Student Ministry, 6—12th Grade

All youth are welcome to join the Adult Sunday School classes listed above.

Middle schoolers have the additional option of attending the King's Kids Sunday School class (see more info below).

If you are a high schooler and want to help out with King's Kids you can sign up on your Connect Card.

Interested in a Youth Sunday School Class that's just for your age group? Let us know on your Connect Card!



KING'S KIDS
ST. THOMAS UNITED METHODIST CHURCH

KING'S KIDS CHILDREN'S MINISTRY

***Age 3-5th Grade, Tweens (3rd-5th Grade),
Nursery (6 weeks-3 years)***

Sunday School is from 10-10:50 am in the Children's Worship Center. For more info, please contact the Children's Ministry Director, kristi.swanson@stthomasumc.org

How Can I Give to Support Ministry?

All are invited to contribute their tithes and offerings in whatever way works best for them! You may give electronically by going to stthomasumc.org/give; by texting to 833-940-1381 and following the prompts; by mailing a check to the church office, or by placing your offering in one of the offering plates — when you come forward for Communion, or when you enter or exit the Sanctuary.



To give online, you may scan the QR code, which leads to our website's giving portal.